



# VIRTUAL SEWING GUILD

## Stabilize IT

Subscription Members Webinar





# VIRTUAL SEWING GUILD



## Stabilizer IT

- Hooping techniques
- 3 main categories of stabilizer

Cut away  
Tear away  
Wash away

- Fabric Prep Products



*Margaret Moorehead's*

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**SECRETS TO SUCCESSFUL  
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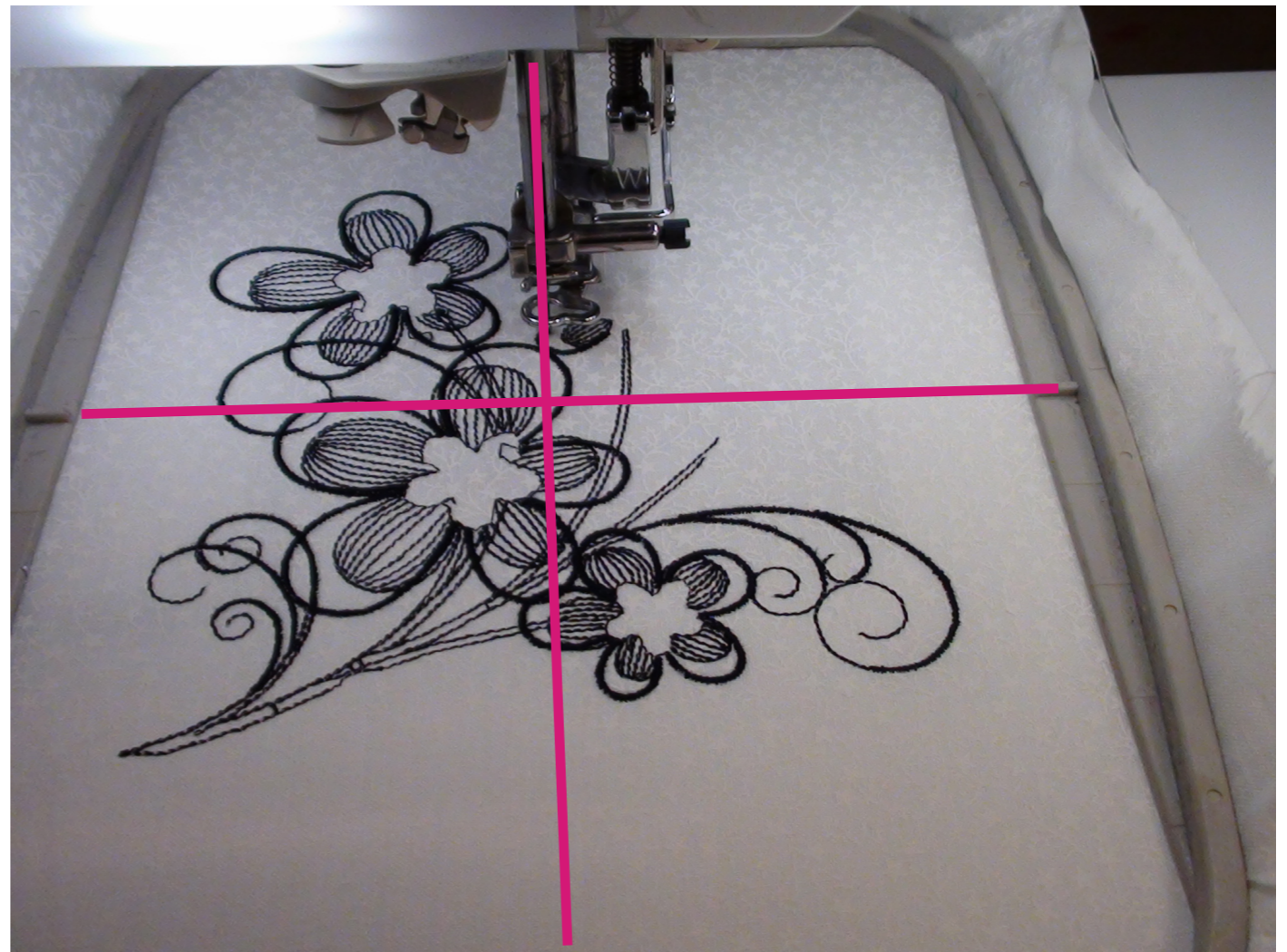
### Hooping the Project

- Start by marking the center of your project fabric with cross hairs that will be lined up with the center top, bottom, right and left marks on your hoop



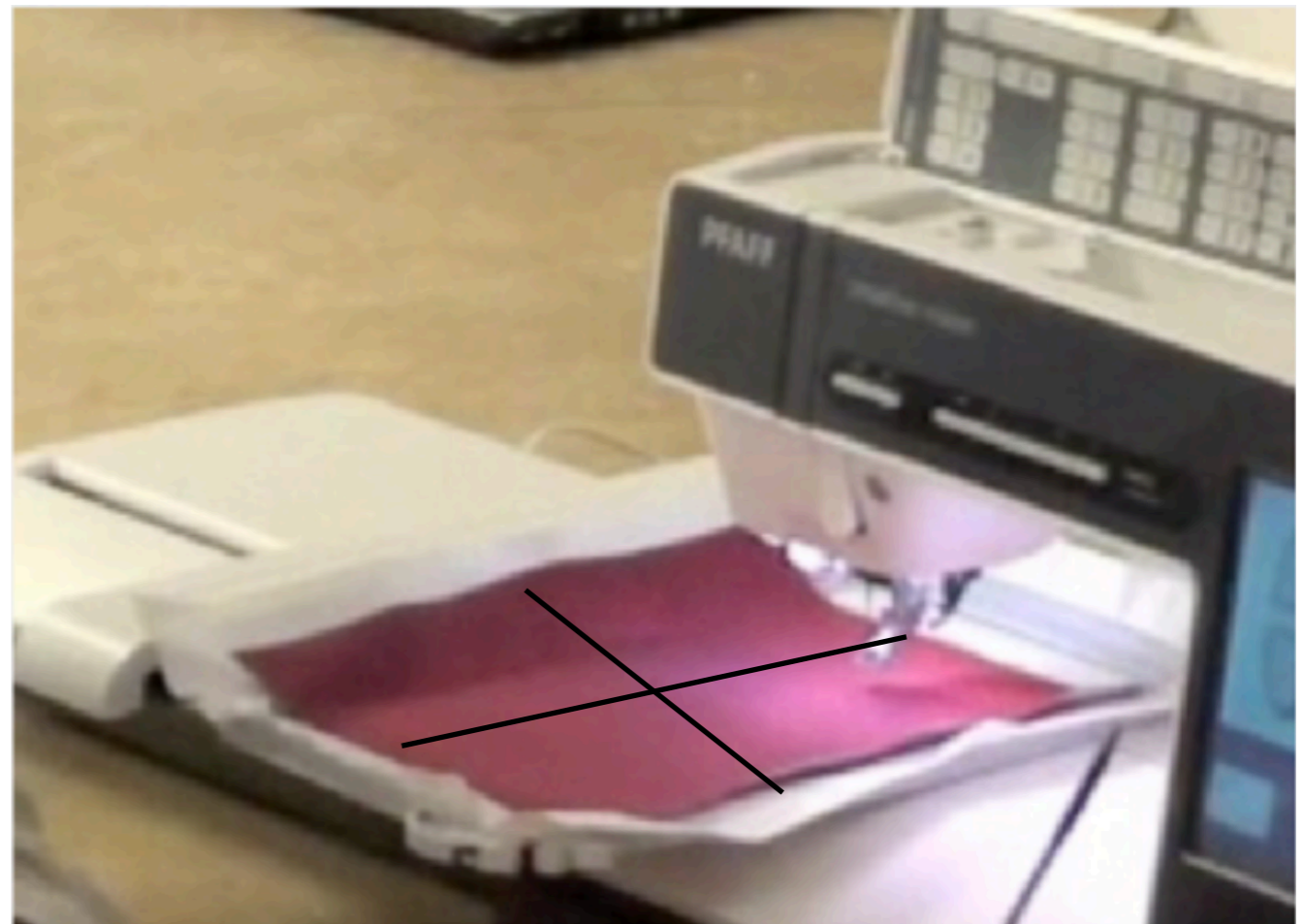
### #1-Hooping the Project

- Layer your fabric and stabilizer together
- Hoop both the stabilizer and the project fabric at the same time
- Once everything is hooped simply stitch out the design



### #2-Hooping and Basting

- Hoop your stabilizer
- Place your project on top of the hooped stabilizer
- Baste the fabric to the hooped stabilizer
- Once everything is hooped and basted simply stitch out the design



**Hint:** When you have a basting stitch around your design, if it pops out of the hoop getting it lined back up is much easier

### Floating Stabilizer

- Hoop stabilizer and project together OR hoop just the stabilizer and baste the project to the stabilizer
- Slide a piece of stabilizer under your hooped project, and on top of the feed dogs



### 3 Categories of Stabilizer

#### Tear Away

- Tears away from your project
- Can be plain, sticky, fusible or water activated
- Comes in different weights

#### Cut Away

- Will not tear, must be cut away
- Designed to be left in the project forever

#### Water Soluble

- Disappears with water
- Can be plain or sticky
- Leaves no residue



## Stabilize IT

### Plain Tear away:

- Usually the most economical
- This comes in different weights
- Only hoop one layer at a time
- If another layer is needed, float an extra piece
- Personally I like to use 2 layers of lighter stabilizer instead of a single layer of heavy weight stabilizer

### Water Activated StickyTear Away

- Activate by dabbing a wet sponge in a few areas (usually the corners)
- Place your project on top of the stabilizer, smooth out the project and press down on the activated areas
- This gives a firm hold where needed without the need to use an all over adhesive
- You can activate the entire stabilizer and it will give an all over hold, but this can be very difficult to remove
- If another layer of stabilizer is needed, float an extra piece



### Self Adhesive “Sticky” Tear Away

- Gives an all over firm hold
- Hoop this stabilizer with the protective side facing up in the hoop, and the stabilizer on the bottom side of the hoop
- Draw and “X” with a pin or an old needle that will go through the protective paper, but not the stabilizer
- Remove the paper
- Placed your fabric or project on top of the sticky stabilizer
- Baste fabric/project in place (optional but highly recommended)



## Stabilize IT



### Cut away

- Designed to stay in your project forever
- Used on fabrics that have stretch or are loosely woven such as polo shirts, t-shirts-fleece, sweatshirts, etc
- Great on garden flag
- Also used on designs that need extra stabilizing
- Hoop the stabilizer and the fabric/project or hoop only the stabilizer and then baste in place
- If extra stabilizer is needed, float an extra piece
- Do NOT attempt to tear away the stabilizer, it needs to be cut away.

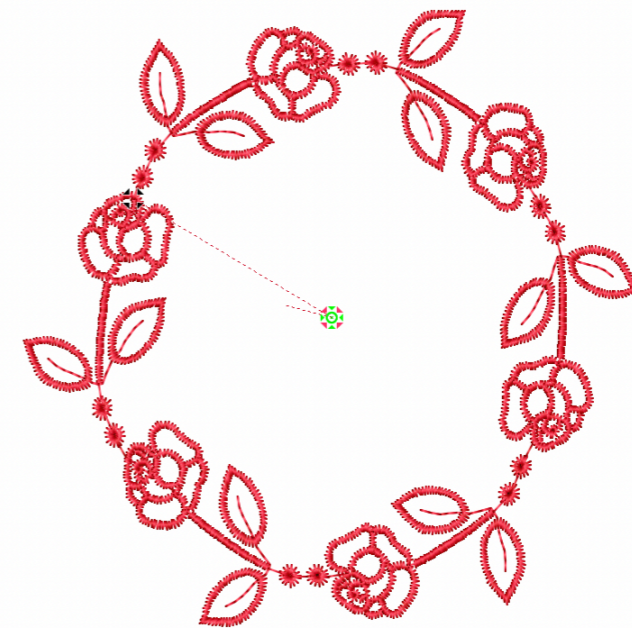
**Hint:** When trimming away the excess stabilizer leave about 1/4" to 1/2" all the way around your embroidery and round the corners.

### Cut away: No Show Mesh

- Designed to stay in your project forever
- Comes in fusible and non fusible
- Can be used on fabrics that have stretch or are loosely woven such as polo shirts, t-shirts-fleece, sweatshirts, etc
- Usually used for a design that is up to about 6,500 stitches in a 4 x 4 area
- Fusing onto stretchy fabrics helps to hold all the fibers in place
- Do NOT attempt to tear away the stabilizer, it needs to be cut away.



3.65" x 4.19"  
10,271 stitches

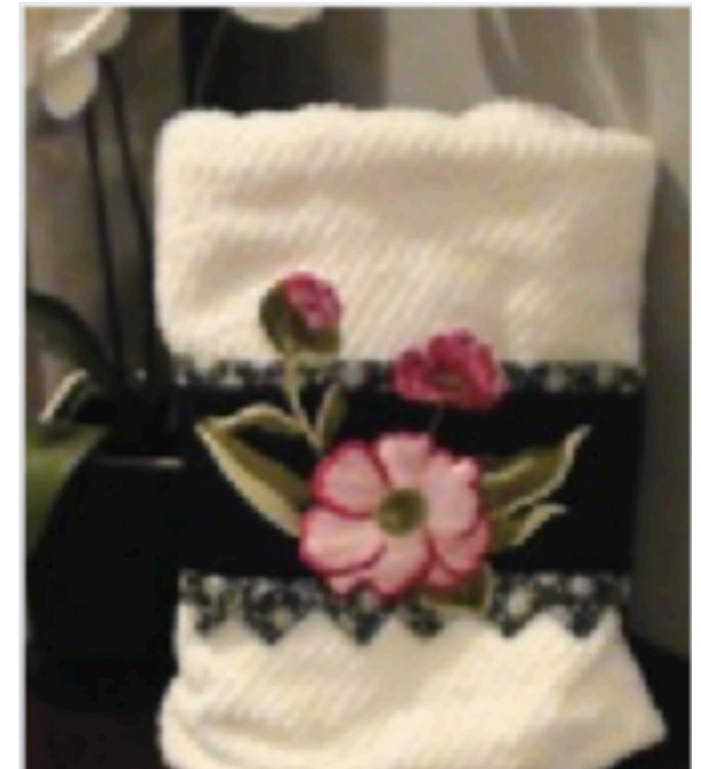
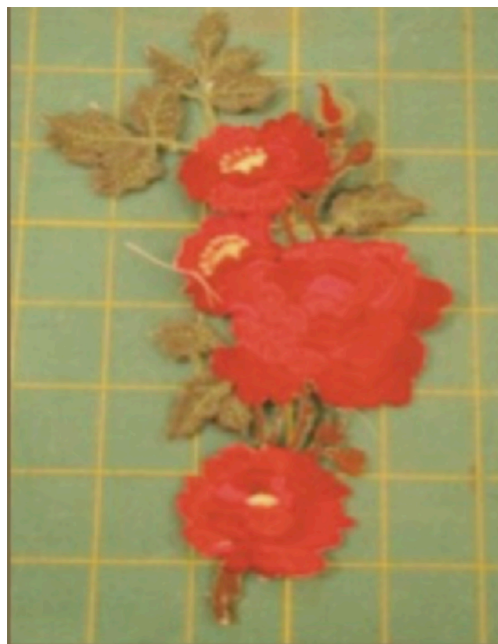


3.92" x 3.93"  
6,435 stitches

### Cut away: No Show Mesh My favorite thing to use it for... Free Standing Embroidery!



- Hoop one layer of No Show Mesh Stabilizer (poly or nylon), with one or two layers of poly or nylon organza
- Stitch out your design using rayon embroidery thread
- Once the design is completely embroidered, use a stencil wand to remove the excess stabilizer and organza from the outside of the embroidered design
- You now have a free standing design that can be stitched or glued to your project
- No stressing over placement



## Stabilize IT

### Water Soluble: Topper

- Plastic like appearance (kind of see through but not really)
- Do not think of this as a way to “stabilize” use this on top of fabrics with texture to keep the stitches from sinking into the fabric
- Use on Terry cloth, fleece velvet etc
- Stabilize as normal



### Water Soluble: Stabilizer

- Not a plastic like appearance, usually white in color and somewhat see through
- Use anywhere you do not want any stabilizer remaining on your finished projects, such as lace, cutwork, etc
- When you are finished with your embroidery quickly rough cut away the excess stabilizer and follow the manufacturers instructions for rinsing away the stabilizer that remains in the project.



## Stabilize IT

### Water Soluble: Sticky

- Great for making sure you get your projects lined up perfectly every time when doing multiple hoopings
- Perfect for cutwork
- Used for the “Faux Knitting” Technique
- Leaves no residue





To increase the number of stitches your fabric can hold and maintain a flat unwrinkled appearance, fuse a piece of interfacing to the back of your fabric.



There are knit and woven interfacing.

- Knit interfacing has a 4-6 way stretch and allows fabric to maintain its original properties.
- Woven interfacing has no stretch gives the fabric a “sturdier” feel

**My current favorite is Pellon SF101**



- Stabilize as you normally would. “Fabric Prep” does not eliminate any stabilizer
- Do not hoop more than one layer of stabilizer
- If more than one layer of stabilizer is needed “float” a piece of stabilizer under the hoop and on top of the feed dogs
- If you don’t have “heavy” stabilizer hoop one layer of what you have and “float” another layer

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Remember: Recording of this AND eBook are in the Subscription Area

Questions will be answered after I talk to you about the VSG Memberships

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- Cottage Rose Quilt-7 monthly meetings
- Coffee and Cream-5 montly meetings

- Multi-formatted embroidery designs
- Written directions
- Video Classes

Everything is downloadable so you can keep it in your sewing library FOREVER!



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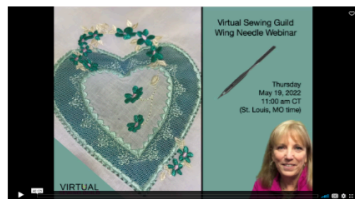
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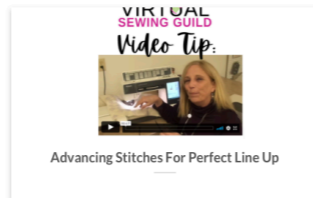
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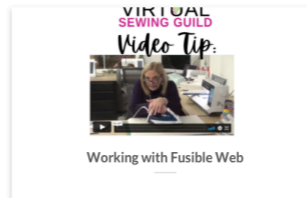


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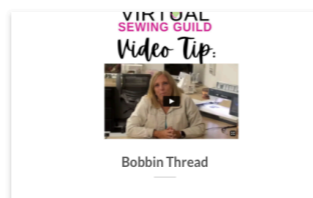
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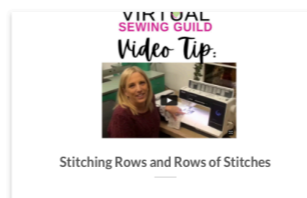
Advancing Stitches For Perfect Line Up



Working with Fusible Web



Bobbin Thread



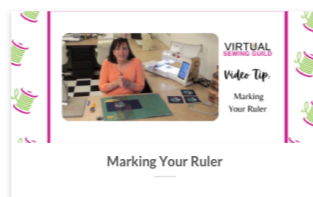
Stitching Rows and Rows of Stitches



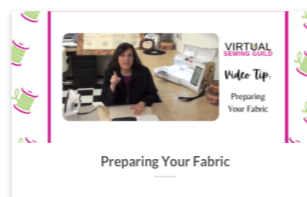
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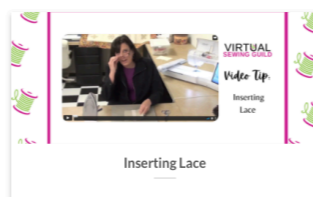
Cleaning Your Iron



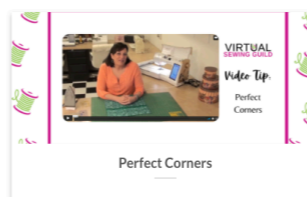
Marking Your Ruler



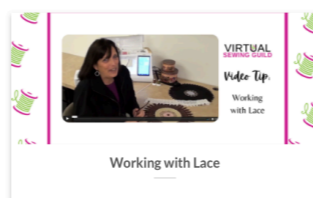
Preparing Your Fabric



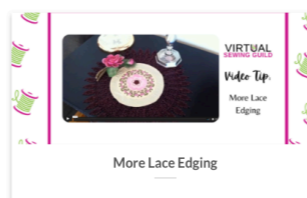
Inserting Lace



Perfect Corners



Working with Lace



More Lace Edging

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Easter Egg-stravaganza Project



Romantic Pillows



In The Hoop Wine Glass Coasters



A La Chocolat



Bella Fiori Beautiful Flowers Velvet Shawl

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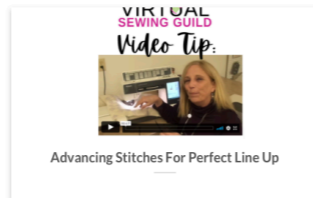
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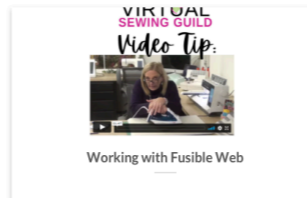


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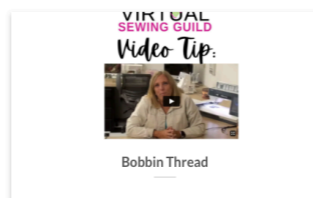
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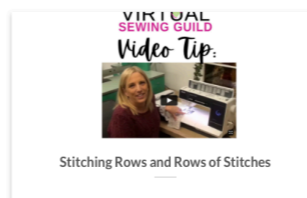
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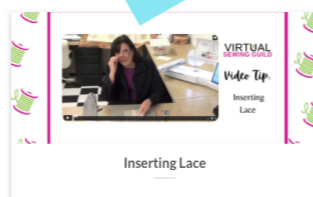
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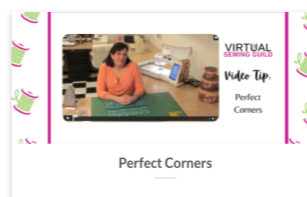
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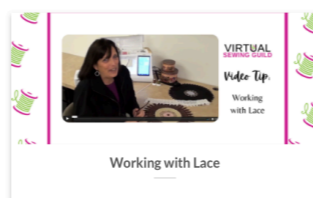
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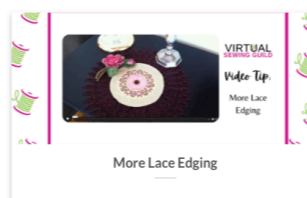
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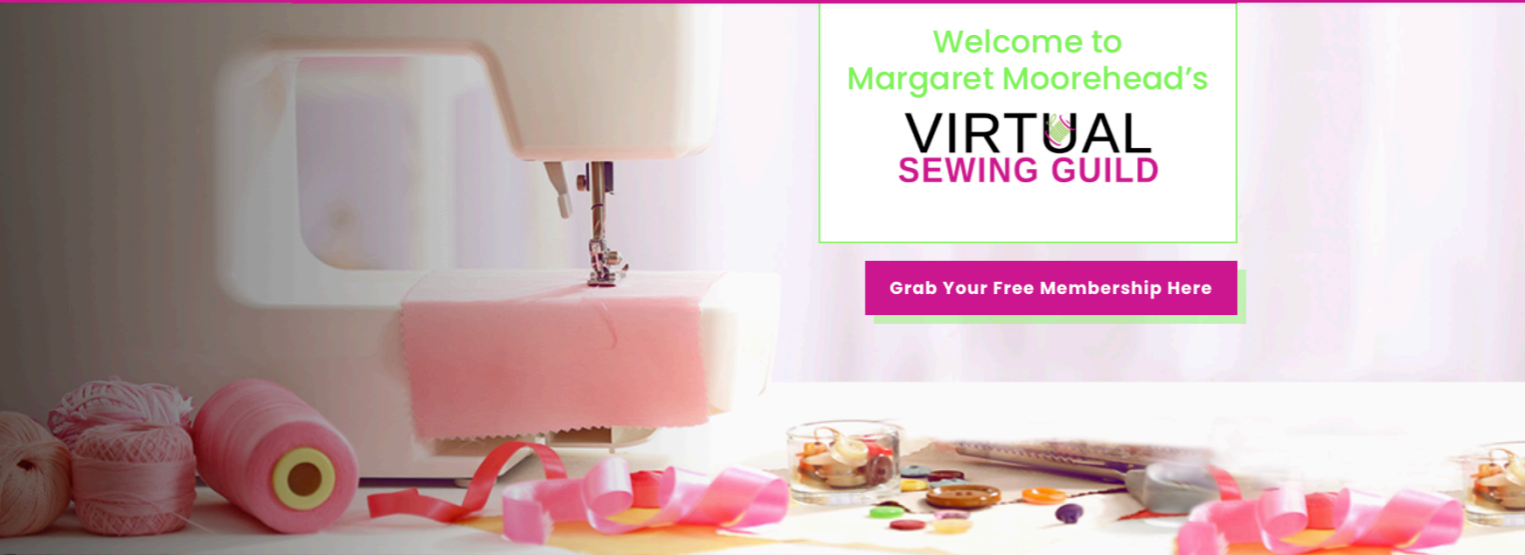
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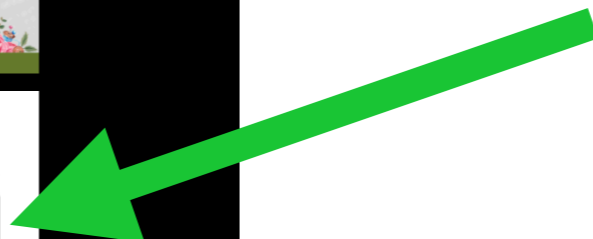
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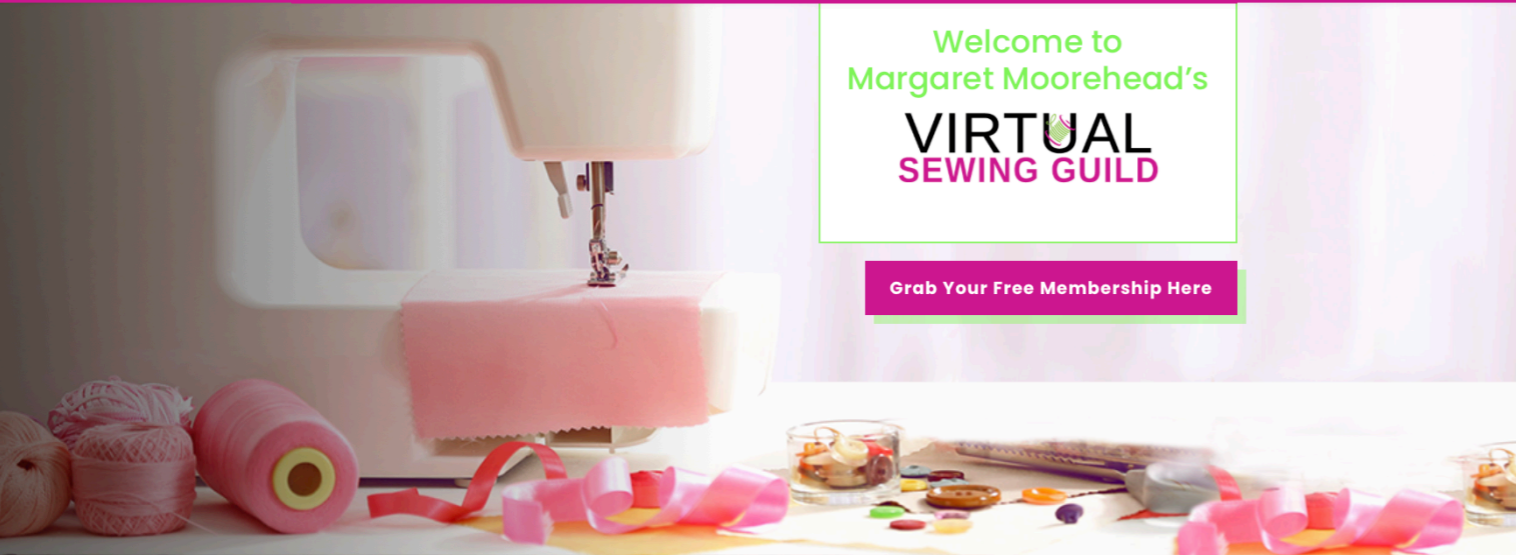
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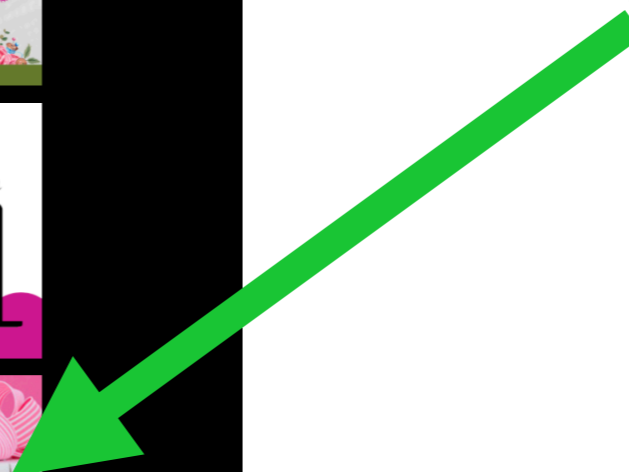
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